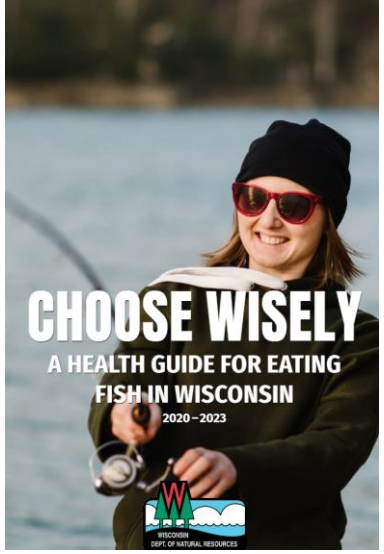


Wisconsin Consumption Advisories

GUIDELINES FOR EVERYONE (PCBs) – Lake Michigan

SPECIES	1 meal per week	1 meal per month	Up to 6 meals per year	DO NOT EAT
Lake trout	Under 22"	22"-30"		Over 30"
Lake whitefish	All sizes			



dnr.wi.gov/topic/Fishing/consumption

LAKE MICHIGAN AND ITS TRIBUTARIES

See also advice for the [Ahnapee](#), [Kewaunee](#), [Manitowoc](#), [Milwaukee](#), [Pike](#), [Root](#), [Sheboygan](#) and [Twin Rivers](#).

GUIDELINES FOR EVERYONE (PCBs)					
Species	Unrestricted	Up to 1 meal per week	Up to 1 meal per month	Up to 6 meals per year	Do not eat
Brown trout			All sizes		
Chinook salmon			All sizes		
Chubs			All sizes		
Coho salmon		Under 27"	Over 27"		
Lake trout		Under 22"	22" – 30"		Over 30"
Lake whitefish		All sizes			
Rainbow trout		All sizes			
Smelt		All sizes			
Yellow perch		All sizes			

For the [Ahnapee](#), [Kewaunee](#), [Manitowoc](#), [Milwaukee](#), [Pike](#), [Root](#), [Sheboygan](#) and [Twin Rivers](#), see pages [40 – 41](#) and [46 – 48](#).

LAKE SUPERIOR AND ITS TRIBUTARIES

Up to their first impassable barrier. See also advice for [Superior Harbor and St. Louis River](#).

GUIDELINES FOR EVERYONE (PCBs AND MERCURY)					
GUIDELINES FOR EVERYONE (PFOS)					
Species	Unrestricted	Up to 1 meal per week	Up to 1 meal per month	Up to 6 meals per year	Do not eat
Brown trout		All sizes			
Burbot		All sizes			
Chinook salmon		All sizes			
Chubs		All sizes			
Coho salmon	All sizes ☞	All sizes ☞☞			
Lake herring	All sizes ☞	All sizes ☞☞			
Lake sturgeon			Over 60"		
Lake trout			All sizes		
Lake whitefish		All sizes			
Rainbow trout	All sizes ☞	All sizes ☞☞			
Siscowet			All sizes		
Smelt			All sizes		
Walleye		All sizes ☞	All sizes ☞☞		
Yellow perch	All sizes ☞	All sizes ☞☞			

For [Superior Harbor and St. Louis River](#), see page 18.

☞ Advice for women over age 50 and men

☞☞ Advice for women under age 50 and children under age 15

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